

Have fun! Save money! Avoid the traffic! Get fit!

Challenge your colleagues or compete as an individual in the

Scottish Workplace Journey Challenge

1 - 31 March 2019



Travel by foot, bike, public transport or car-share to move up the
leaderboard and win prizes!

Find out more and sign up today at
scotland.getmeactive.org.uk



Sustrans is a registered charity in the UK No. 326550 (England and Wales) SC039263 (Scotland)

Join the Scottish Workplace Journey Challenge!

01



**REGISTER FOR
FREE**
as an individual

02



Join your workplace of register if not already signed up.

REMINDE
your staff or colleagues to sign up and
LOG
their journeys.

03



If you are your workplace captain use the website resources and consider organising

FUN
events to
PROMOTE
the Challenge.

04



**WIN GREAT PRIZES!
TOGETHER**

we can help reduce traffic congestion,
be healthy and

SAVE
money on travel.

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